

# Domestic Violence Moral Reconciliation Therapy

Bringing Peace to Relationships MRT is used exclusively with those involved in domestic violence situations. The program is targeted for clients who need to explore power, control, equality and acceptance in relationships. Bringing Peace to Relationships is divided into 24 modules with each module completed in a group session. Clients complete homework for each module prior to attending group. At each session the client presents their homework and the facilitator passes the client to the next module or has the client redo the homework based upon objective criteria. The groups are open-ended: new clients can enter at any time. Each session will be different from the last as there will be participants at all levels of the program. The workbook is individualized to specific client needs by requiring the client to address specific life incidents, relationships and goals.

Any court/probation department is welcome to refer their clients to this course with the understanding that this is NOT a Washington state-certified DV Batterer's Treatment Program. MRT has been designated as an "Evidence Based Practice" by the Substance Abuse and Mental Health Services Administration and research has shown that it is effective in reducing recidivism.<sup>1</sup>

Monthly compliance reports and a certificate of completion will be provided to the referring court.

**Where:** Des Moines Municipal Court  
21630 11<sup>th</sup> Avenue S Suite C Des Moines, WA 98198

**When:** *See attached!*

**Duration:** Approximately 6 months minimum

**Cost:** \$100 includes workbook-Des Moines/Normandy Park Muni Courts  
\$125 includes workbook-Outside Referrals

**Questions or to Enroll:**

Melissa Patrick at 206.870.6593 or email [mpatrick@desmoineswa.gov](mailto:mpatrick@desmoineswa.gov)

<sup>1</sup>Ferguson, L. Myles, Wormith, J. Stephen. (2012). "A Meta-Analysis of Moral Reconciliation Therapy", International Journal of Offender Therapy and Comparative Criminology.